



TAPAS

Potatoes with brava sauce	6,90€
Homemade croquettes (u.)	2,10€
Squid "a la romana"	9,90€
Squid "a la andaluza"	10,90€
Grilled baby squid	12,90€
Sliced cuttlefish	10,90€
Fried anchovies	10,40€
Octopus galician style	14,90€
Grilled razor	12,90€
Iberian ham	18,90€

RICE Price per person

Paella	15,90€
Paella "mar y montaña"	18,90€
Black rice	14,90€

MEAT

*Beef entrecote	18,90€
*Beef fillet	22,00€
Lamb ribs	14,90€
Acorn-Fed 100% Iberian Secreto	14,50€
Angus Nebraska Burguer	14,50€

*sauce to taste: Roquefort, pepper or Oporto 2,50€

STARTER

Grilled vegetables with sardine	13,40€
Tomato salad with tuna belly	13,90€
Salmon tartar	15,90€
Steak tartar	16,90€
Old cow carpaccio	14,90€
Gazpacho with vegetables	8,00€
Goat cheese salad	12,90€
Burrata salad	13,90€
Grilled vegetables	14,40€
Marinara or mushrooms tagliatelle	12,90€

Vegetables Paella	15,90€
Fideuá	14,90€
Black fideuá	15,90€

FISH

Grilled cod	17,90€
Grilled bream	17,50€
Oven baked sea bass	16,90€
Seafood combo	29,50€
Grilled octopus	18,90€
Grilled squid	14,50€



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PIZZAS

Ham	10,90€	Barbecue	12,90€
Tropical	11,50€	5 seasons	12,90€
Tuna	11,50€	Vegetables	12,90€
Ham with mushrooms	11,90€	4 cheeses	12,90€
Tuna and bacon	11,90€	Miramar Mediterranean	12,90€
Pepperoni	11,50€	Marguerite	8,90€

DESSERTS

Chocolate whim	6,90€	Crocanti ice cream	5,90€
Homemade Cheese cake	6,90€	Iced lemon	5,90€
Tiramisu	6,90€	Pudding	5,90€
Whisky cake	5,90€	Fruit	3,50€

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If you have any allergies and/or food intolerances, please inform the waiter.
We have a menu of allergens | **IVA included**



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· VERMOUTH TIME ·

CANNED FOOD

Cantabric anchovies	12,50€
Anchovies with vinegar	9,50€
Cockles	7,90€
Pickled mussels	4,90€
Stuffed olives	3,00€
Chips potatoes cone	3,00€

SELECTION

VERMOUTH

Cockles, stuffed olives and chips potatoes	12,90€
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MAR SALADA

Cockles, pickled mussels, anchovies with vinegar, olives and chips potatoes	18,00€
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VERMOUTH

Martini vermouth	3,75€	Yzaguirre vermouth	4,00€
House vermouth	3,50€	Campari	4,00€
Miró vermouth	4,00€	Aperol Spritz	4,50€



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SPECIAL MENUS

Price per person

RICE MENU

28,50€

- Potatoes with brava sauce
- Squid "a la andaluza"
- Mussels
- Paella or black rice
- Dessert

Every day, midday and night
Mín. 2 people

PAELLA MENU

23,00€

- Mix salad or mussels
- Paella
- Dessert
- Glass of wine, beer or water

Tuesday only, midday and night
Mín. 2 people

CHILDREN'S MENU

12,90€

- Macaroni
- Burger with french fries
- Ice cream
- Soda or water

Every day, midday and night

FIDEUÁ MENU

21,00€

- Mix salad or mussels
- Fideuá
- Dessert
- Glass of wine, beer or water

Thursday only, midday and night
Mín. 2 people

TAPAS MENU

18,90€

- Steamed mussels
- Squid
- Potatoes with brava sauce
- Croquettes
- Loin on bread "Montadito"
- Dessert
- Glass of wine or cava

Every day, midday and night
Mín. 2 people

Check also our MENU OF THE
DAY (only at midday)

18,90€



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COFFEES AND TEAS

Espresso	1,30€
Coffee with a dash of milk	1,50€
Latte/White coffee	1,70€
Americano/Black coffee	1,40€
Espresso with added liquor	2,30€
Espresso with extra add. liquor	3,00€
Cappuccino	2,60€
Cappuccino with cream	3,60€
Coffee with condensed milk	3,00€
Coffe with cond. milk and liquor	3,50€
Tea (green, red)	1,90€
Rooibos (chocolate, berries)	1,90€
American tea	1,90€
Extra ice	0,10€
Infusions <i>chamomile linden pennyroyal</i>	1,70€

SOFT DRINKS & WATERS

Coca-cola (original, zero)	2,30€
Fanta orange, lemon	2,30€
Aquarius orange, lemon	2,40€
Nestea	2,40€
Bitter Kas	2,60€
Tonic Schweppes	2,50€
Juices	2,20€
Cacaolat	2,30€
Red Bull	3,00€
Soda	2,50€
Water 50cl	1,50€
Water 1l	2,30€
Water with soda	2,00€
Water 1l take away	1,75€

BEERS

Beer	2,40€	Medium beer	2,40€
Beer with lemon	2,40€	Medium beer 0,0%	2,40€
Beer with soda	2,40€	Voll Damm	2,40€
Jar of beer	4,00€		



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LIQUEUR

Terry	3,90€	Herbal / pomace liquer	4,50€
Soberano	3,90€	Frangelico liqueur	4,50€
Magno	4,25€	Pippermint	4,00€
Anís del mono	3,90€		
Marie Brizard	3,90€		
Ron Pujol	3,90€		
Pacharan	3,90€		
Cointreau	4,50€		
Ricard	4,25€		
Triple Sec	4,00€		
Baileys Irish Cream	4,50€		
"Crema catalana" liqueur	4,50€		
Rice cream liqueur	4,50€		
Lemon liqueur	4,50€		
Apple / peach liqueur	4,25€		
43 liqueur	4,50€		

WINES AND SANGRÍAS

Glass of red house wine	2,50€
Glass of red brand wine	2,75€
Glass of white house wine	2,50€
Glass of withe Verdejo	2,75€
Glass of rosé house wine	2,50€
Glass of rosé brand wine	2,75€
"Tinto de verano"	3,90€
"Tinto de verano" with lemon	3,90€
Glass of sangría	3,90€
Wine's sangria	12,90€
Cava's sangria	14,90€

COMBINED

WHISKY

J.B	5,90€
Ballantine's	6,90€
Cutty Sark	5,90€
Four Roses	6,90€

Jack Daniel's

Jack Daniel's	8,90€
Glent Grant	8,50€
VODKA	
Smirnoff	5,90€
Absolut	6,90€

RON

Bacardi	5,90€
Cacique	6,90€
Brugal Añejo	6,90€
Barceló	6,90€



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GIN TONIC

Beefeater, original tonic, lemon	6,50€
Tanqueray, original tonic, lemon	7,50€
Seagram's, original tonic, orange	7,50€
Bombay Shapphire, original tonic, lime	8,50€
Puerto de Indias, original tonic, strawberries	8,80€
Hendricks, original tonic, pepper, cucumber	10,50€
Bulldog original tonic, lime	9,50€

COCKTAILS

Mojito: old Ron, sugar, lime, soda, mint	6,90€
Mojito strawberry: old Ron, sugar, strawberries, soda, mint	7,90€
Mojito mango: old Ron, sugar, mango, soda, mint	7,90€
Caipiriña: Sugarcane liquor, sugar, lime	7,90€
Caipiriña La Mar Salada: Frangelico, brown sugar, lime juice	8,00€
Piña colada: Malibú, pineapple juice, coco cream	8,90€
Margarita: Tequila, Cointreau, lime, salt	7,50€
San Francisco: orange juice, lemon juice, peach juice, grenadine, soda	5,50€



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WINES

RED

RAMÓN BILBAO (D.O. Rioja)	17,00€
GR-174 (D.O. Priorat)	18,90€
VAQUOS CRIANZA (D.O. Ribera de Duero)	17,70€
CATAR (D.O. Montsant)	14,90€
DIORAMA (D.O. Terra Alta) Vegano	15,90€
VILA CLOSA (D.O. Terra Alta)	13,90€
ALMODI (D.O. Terra Alta)	15,50€
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ROSÉ

PARES BALTA ROS DE PACS (D.O. Penedès)	15,70€
ROSE & CLEAR (D.O. Penedès)	14,90€
RAMÓN BILBAO ROSADO (D.O. Rioja)	15,50€
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WHITE

CONDESA DE LAGANZA (D.O. Rueda)	13,90€
RAMÓN BILBAO (D.O. Verdejo)	15,50€
MIREIA (D.O. Penedès)	15,90€
GESSAMÍ (D.O. Penedés)	16,90€
DIORAMA (D.O. Terra Alta) Vegano	15,90€
VILA CLOSA (D.O. Terra Alta)	13,60€
IERCAVÒNIA (D.O. Terra Alta)	15,50€
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CAVAS

CODORNIU MEDITERRANEA	13,90€
GRAMONA BRUT CAVA RESERVA	22,90€
CAVA DIBÓN BRUT / ROSÉ	12,50€



MENÚ DEL DÍA
lun. - vier. sólo mediodías

18,90 €

PRIMEROS a escoger

- Espaguetis a la boloñesa
- Ravioli a los 3 quesos
- Garbanzos a la marinera
- Surtido de croquetas
- Cremita de verdura con crujiente de jamón y picatostes
- Ensalada con cherrys, atún, bocas de mar y salsa de yogur
- Ensalada caprese

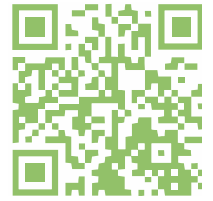
SEGUNDOS a escoger

- Pechuga de pollo de corral con salsa curry
- Brochetas de cerdo adobado
- Carrilleras de ternera en su jugo
- Aros de calamar a la andaluza
- Bacalao confitado con mousseline de ajos
- Popietas de lenguado con falsa meunière
- Rissotto al funghi

POSTRE de la casa

* Incluye:

1 copa de vino o cerveza o refresco o 1 botella de agua y pan



· *Go vegan!* ·

STARTERS

Grilled Escalivada on glass bread	€12.90
Quinoa salad with sautéed mushrooms and tender garlic	€12.90
Gazpacho with vegetable chunks	€6.90
Cream of pumpkin, orange and ginger soup	€10.90
Chickpea and sunflower seed hummus	€9.90
Cous Cous with vegetables and legumes	€10.90
Grilled vegetables	€12.90

TO FOLLOW

Rustic pasta stuffed with pomodoro and olives	€12.90
Bolognese Tagliatelle	€11.90
Chef's style stuffed eggplants	€12.90
Hummus and basil croquettes	€10.90
Hamburger delight with potato chips	€12.90
American-style strips	€13.90

PAELLAS

Seasonal paella with mushrooms and vegetables	€14.90
Vegetable paella	€13.90
Artichoke, garlic and wild asparagus paella	€14.90
Fideuà	€12.90

TO FINISH

Peppered strawberries	€6.90
Carrot cake	€6.90
Capricho de chocolate	€6.90
Cookies on cookie	€6.50
Chocolate fudge brownie	€6.50
Mango sorbet	€6.90
Seasonal fruit	€3.50



LA
MAR
SALADA

· *Go vegan!* ·